SCHEME OF B.A. (HONS.) PSYCHOLOGY (SEMESTER SYSTEM)				
B.A. (Hons.) Semester-I			Total Marks: 300	
Paper No.	Nomenclature of paper Inte	rnal Assessment	Marks	Time
Ι	Basic Psychological Processes	20	55	3 Hours
II	Social Psychology	20	55	3 Hours
III	Basics of Research Processes & St	tatistics 20	55	3 Hours
IV	Practical		75	3 Hours
B.A. (Hons.) Semester-II			Total Marks: 300	
V	Cognitive Processes	20	55	3 Hours
VI	Applying Social Psychology	20	55	3 Hours
VII	Basics of Research Methods & Sta	atistics 20	55	3 Hours
VIII	Practical		75	3 Hours
<b>B.A.</b> (Hons.) Semester-III			Total Marks: 300	
IX	Biological Basis of Behaviour	20	55	3 Hours
Х	Basics of Health Psychology	20	55	3 Hours
XI	Psychological Testing	20	55	3 Hours
XII	Practical		75	3 Hours
<b>B.A.</b> (Hons.) Semester-IV			Total Marks: 300	
XIII	Psychopathology	20	55	3 Hours
XIV	Life Style and Health	20	55	3 Hours
XV	Psychological Assessment	20	55	3 Hours
XVI	Practical		75	3 Hours
B.A. III (Hons.) Semester-V			<u>Total Marks: 400</u>	
XVII	Basics of Neuro Psychology	20	55	3 Hours
XVIII	Industrial Psychology	20	55	3 Hours
XIX	Child Development	20	55	3 Hours
XX	Psychology of Social Issues	20	55	3 Hours
XXI	Practical		100	3 Hours
B.A. III (Hons.) Semester-VI			Total Marks: 400	
XXII	Clinical Psychology	20	55	3 Hours
XXIII	Organizational Behaviour	20	55	3 Hours
XXIV	Developmental Psychology	20	55	3 Hours
XXV	Applied Psychology	20	55	3 Hours
XXVI	Practical		100	3 Hours

Note:- The Compulsories and subsidary as per B.A.(Hons.) Ordinance.

# B.A.-III (Hons.) PSYCHOLOGY –SEMESTER-V (2012-13)

Paper: XVII

# BASICS OF NEUROPSYCHOLOGY

Theory: 65 Internal Assessment:10 Time: 3 hours

Note:-

- i. The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of eleven parts (1 mark each) to be set from the whole of the syllabus. This question would be compulsory.
- ii. Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
- iii. Each question carries 11 marks.

# Unit-I

Nature and Subject matter of Neuropsychology; Relationship with other branches of Psychology: Clinical Psychology, Biological Psychology, Cognitive Psychology.

Behavioural Dysfunctions and Symptoms: Agnosias; Aphasias; Apraxia; Amnesias.

#### Unit-II

- Cerebrovascular Disorder: Types- Transient Ischemic Attack; Infartion; Hemorrhage. Causes, Symptoms and Management.
- Traumatic Head Injuries : Concussion, Closed Head Injury and Penetrating Head Injury; Causes, Symptoms & Management.

#### **Unit-III**

Intra Cranial Tumors- Infiltrating and non-infiltrating tumors. Causes, symptoms & management.

Degenerative disorders: Parkinson's Disease and Alzheimer's Disease. Causes, Symptoms and management.

#### **Unit-IV**

Neuropsychological Assessment : Halstead-Rietan and Luria-Nebraska approach & Battery.

Neuropsychological Rehabilitation: Recovery of function, Plasticity, Adaptation & overview of Rehabilitation process.

#### References

- Filsknow, S.B. and Boll, J.J. (1981). Handbook of clinical Neuropsychology. New York : Johnwiley.
- Gazzaniga, M.S., Lvey, R.B. and Magun, G.R. (2002) Cognitive Neuroscience: The Biology of the Mind. New York: Norton & Company.
- Walsh, K. (1994). Neuropsychology: A clinical approach. New Delhi : Churchill Livingstone.
- Zillmer, E.A. & Spiers Mary V. (2001). Principles of Neuropsychology. Stanford: Wadsworth Thomson.

# Paper: XVIII

### INDUSTRIAL PSYCHOLOGY

Note:-

- i. The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of eleven parts (1 mark each) to be set from the whole of the syllabus. This question would be compulsory.
- ii. Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
- iii. Each question carries 11 marks.

# Unit-I

- Industrial Psychology: Its premises and Development, Faces of Industrial Psychology: As a science and as a Progression.
- Industrial- Organizational Psychology on the Job: Challenges and I-O psychology as a career, Problems for I-O Psychologists.

# Unit-II

- Industrial Psychology: Methods and basic Research strategies: Experimental method, Naturalistic observation, Survey and opinion polls.
- Statistical Analyses in Research: Descriptive, Inferential statistics.

# **Unit-III**

Jobs and Job Analysis:

- Job analysis: Meaning and Determinants. Application Blanks, Interviews, Assessment centers: In Basket & Leaderless, Group Discussions. Employees Attitudes toward Assessment centers.
- Job Evaluation: Menaing, Methods and Factors of Job Evaluation. Installing a job evaluation programme in Industry

#### **Unit-IV**

- Working conditions: Illumination, Noise, Atmospheric conditions, work schedule, Rest periods, shift work.
- Accidents and Safety: Definition of accident, factors of accident occurrence: Situational and Individual, Accident proneness, Reduction of Accidents: Steps.

#### References

Dunnette, M.D. and Hough, L.M. (1998). Handbook of Industrial and organizational Psychology. (Vol. 1-4) Mumbai: Jaico Pub. House.

Mccormik, J.E. (2000). Industrial Psychology (10<sup>th</sup> ed.). New Delhi: Prentice Hall.

- Schultz, D. and Schultz, E.S. (2002). Psychology and work today (8<sup>th</sup> ed.) New Delhi: Pearson Edu. Pub.
- Sharma, N. and Yadav, A. (2010). Business Psychology. New Delhi: Global Vision Pub. House.

# **CHILD DEVELOPMENT**

Note:-

- i. The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of eleven parts (1 mark each) to be set from the whole of the syllabus. This question would be compulsory.
- ii. Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
- iii. Each question carries 11 marks.

# Unit-I

- Development of child: Nature and Methods: cross-sectional method, Longitudinal method and Experimental method.
- Principles of Human Development: Goals and types of developmental changes, Early and late development of a child.

# Unit-II

- Foundations of developmental pattern: Prenatal: Fertilization, Heredity, Sex-determination. Developmental differences of single and multiple birth conditions.
- Development attitudes: Parental attitudes effecting prenatal development. Hazards during prenatal period: Physical and psychological hazards.

# Unit-III

- Neonate: Adjustment of a child to new world. Respiration, cardiovascular and gastrointestinal changes. Reflexes, sucking, moro and grasping reflex.
- Social Development: Goals and types of developmental changes. Early and late developmental pattern.

# **Unit-IV**

- Cognitive development: structural and functional approach: Piaget's developmental stages and Piaget's theory. Social cognition.
- Emotional development: Smile as a social sign, smiling and laughter; Attachment: Theories of attachment, Parental behavior and attachment.

# References

Hetherington, E.M.(1979) Child psychology. McGraw Hill. New Delhi. Hurlock, E.B. (1978) Child Development. McGraw Hill. New Delhi.

Morrison, G.S.(1990) Child Development: Conception & Adolescence. Delmar Publisher Inc. U.S.A.

# **PSYCHOLOGY OF SOCIAL ISSUES**

Note:-

- i. The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of eleven parts (1 mark each) to be set from the whole of the syllabus. This question would be compulsory.
- ii. Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
- iii. Each question carries 11 marks.

#### Unit-I

- Nature of social issues: Social Psychology and social issues; Basic vs. Applied, social problems in the 21<sup>st</sup> century.
- Social psychological understanding of social systems: Indian family system; Social stratificationcaste, power and gender.

# Unit-II

- Social inequality, poverty and deprivation: The problems of social inequality- Poverty, theories of poverty. Social psychological analysis of deprivation, sources of deprivation.
- Attitudes and Social cognition: Attitudes towards women and sex role stereotypes, attitude towards family planning. Social cognition-social perception and attribution of success and failure in achievement context.

# **Unit-III**

Anti-Social behavior: Corruption, Bribery and other form of anti-social behaviors.

Crime and Violence: Nature of crime and violence, Causes of crime and violence.

#### **Unit-IV**

- Environmental issues and well being: Crowding in urban ecology, Psycho-social determinants of health and well being.
- Culture and social Behavior: Culture, Person perception, culture and interpersonal attraction- Love, intimacy and intercultural marriages.

## References

Ashref, A. (1994). Ethnic identity and national integration. New Delhi: Concept.

Banerjee, D. (1982). Poverty, Class and health culture in India. Vol-I. Delhi: Prachi Prakashan.

- Banerjee, D. (1985). Health and family planning services in India. ND: Lok Prakashan.
- Chandra, S.K. (1987). Family planning programmes in India : its impact in rural and urban areas. Delhi: Mittal.
- Coleman, J.W., and Cressey, D.R. (1999) Social Problems (7<sup>th</sup> ed). U.S.A: Addisin Weskey educational Publications.

Fonsea, M. (1998). Family and marriage in India; Jaipur: Sachin.

Matsumoto, D. and Juang, L. (2004). Culture and Psychology (3<sup>rd</sup> ed) U.S.A: Thomson Pub.

Misra, G. (1990) Applied social psychology in India. New Delhi: Sage.

Mohanty, A.K., & Misra, G. (Eds) (2000). Psychology of poverty and disadvantage, New Delhi: C.....

Singh, R. and Shyam, R. (2007). Psychology of well-being. New Delhi: Global Vision.

Paper-XXI (a & b)

# PRACTICAL

M.Marks : 100 Time : 3 hrs.

# Paper-XXI a

M.Marks: 75 Time : 3 hrs.

Each student would be required to conduct/administer and report six experiments/tests during the session. Each examinee will have to conduct/administer two experiments/tests during the examination.

- 1. Attitude towards family planning
- 2. Marital Adjustment
- 3. Subjective Well-Being
- 4. Adjustment Inventory for School Students.
- 5. Children Personality Questionnaire
- 6. General Mental Ability Test
- 7. Effect of Noise on Performance
- 8. Leadership Style Inventory
- 9. Employee Motivation Scale
- 10. BVMG

Evaluation: Evaluation would be based on report, performance & Viva.

# Paper-XXI b

Profiling of five tests and five instruments

Evaluation would be based on report & Viva.

Examination of XXI a & XXI b would be held in a single session.

M.Marks: 25

# B.A.-III (Hons.) PSYCHOLOGY –SEMESTER-VI (2012-13) CLINICAL PSYCHOLOGY

Theory: 65 Internal Assessment:10 Time: 3 hours

Note:-

**Paper: XXII** 

- i. The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of eleven parts (1 mark each) to be set from the whole of the syllabus. This question would be compulsory.
- ii. Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
- iii. Each question carries 11 marks.

## Unit-I

Foundations of Clinical Psychology: Introduction, historical overview, role of clinical psychologist.

Models of Clinical Psychology: Psychoanalysis, Behavioural, Cognitive-Behavioural, Humanistic model.

#### Unit-II

Clinical Assessment: Concept, purpose and process of clinical assessment.

Techniques of Clinical Assessment: Case study, clinical interview, observation, psychological testing/assessment.

#### **Unit-III**

Clinical Intervention: Psychoanalytic, Behaviour therapy, Humanistic: Carl Rogers.

Cognitive-Behavioural Interventions: Cognitive Behaviour Therapy: Beck, Ellis; Social skill training.

#### **Unit-IV**

Promotion of Mental health: Meaning, importance and measures to promote mental health.

Issues in Clinical Psychology: Ethical, cultural issues, future of clinical psychology.

### References

- Hecker, J.E. & Thorpe, G.L. (2010). Introduction to clinical psychology: Science, Practice & ethics. Pearson.
- Nietzel, M.T., Bernstein, D.A. & Milich, R. (1991). Introduction to clinical psychology (3<sup>rd</sup> ed.) New Jersey: Prentice Hall.
- Pomerantz, A.M. (2011). Clinical psychology: Science, Practice & Culture (2<sup>nd</sup> ed.) New Delhi: Sage Publications.

Shyam, R. & Khan, A. (2009) Clinical child Psychology. Delhi: Kalpaz.

Singh, A.K. (2005). Advanced clinical pcychology, Delhi: Motilal Banarasi Das.

Trull, T. J. & Phares, E. J. (2001) Clinical Psychology (6<sup>th</sup> ed.) US: Wadsworth.

Wierzbichi, M. (1999) Introduction to Clinical Psychology: Scientific foundations to clinical practice. Lodon: Allyn & Bacon.

# **ORGANIZATIONAL BEHAVIOUR**

Theory: 65 Internal Assessment:10 Time: 3 hours

Note:-

- i. The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of eleven parts (1 mark each) to be set from the whole of the syllabus. This question would be compulsory.
- ii. Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
- iii. Each question carries 11 marks.

#### Unit-I

Organizational behaviour: Nature and scope of organizational behavior, challenges of Organizational behavior.

Meaning of organization: Formal and informal types, Functions of organizations.

# Unit-II

Motivation: Meaning, approaches and models of motivation: Content models and Process models.

Motivation & Its Applications in organizations, Motivational practices, Management by objectives (MBO), Employee Involvement and Recognition strategies.

#### **Unit-III**

Leadership: Meaning, Traits of leader, Is leadership person, process or position?

Theories of leadership: Trait theories (Ohio & Michigan), Behavioural theories (Blake and Mouton), Situational theories (Fiedler contingency Model)

#### Unit-IV

Conflict and Negotiation: Meaning and types of organizational conflict, Negotiation Tactics.

Organizational culture and organizational change: Dynamics of organization culture, challenges and Resistance to change.

# References

- Hellriegel, D. and Slocum, J. (2004). Organizational Behaviour (10<sup>th</sup> ed.). Singapore: Thomson Asia Pub.
- Nelson, D.L. and Quick, J.C. (2000). Organizational Behaviour: Foundations, Realities and challenges.
- Pal, K. (2007). Management Process and organizational behavior. New Delhi: I.K. Int. Pub.
- Robbins, S.P. and Sanghi, S. (2006). Organizational Behaviour (11<sup>th</sup> ed.) New Delhi: Pearson Edu. Pub.
- Schultz, D. and Schultz, E.S. (2002). Psychology and work today (8<sup>th</sup> ed.) New Delhi: Pearson Edu. Pub.

# Paper: XXIV

# **DEVELOPMENTAL PSYCHOLOGY**

Theory: 65 Internal Assessment:10 Time: 3 hours

Note:-

- i. The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of eleven parts (1 mark each) to be set from the whole of the syllabus. This question would be compulsory.
- ii. Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
- iii. Each question carries 11 marks.

# Unit-I

- Human Development: Historical background, Principles of development and methods of human development.
- Theories and factors of Human Development: Role of biological, social and cultural factors affecting human development. Nature-Nurture concept in human development.

# Unit-II

- Prenatal Development: Period of prenatal development, hazards of prenatal behavior, maternal health at risk.
- Infancy: characteristics, development and problems of infancy. Childhood: characteristics and problems of childhood.

# Unit-III

Adolescence: Nature, characteristics and problems of adolescence. Youth and its current status.

Development of self: self concept, Identity and self-esteem. Role of family, peers, school & media.

#### **Unit-IV**

Cognitive development: Nature, approaches, development of language, behavioral and environmental influence of cognitive development.

Emotional development: Approaches; emotional, behavioral and social approaches of emotional behavior. Moral development: Temperament, conscience development in young children.

# References

Berk, L.E. (2007). Development through the life span (3<sup>rd</sup> ed.) Pearson Education.

- Hurlock, E.B. (2002) Developmental Psychology: A life-span approach (5<sup>th</sup> ed.).Tata McGraw Hill. New Delhi.
- R.R. Chauhan. Vikasatmak Manovigyan. Azad Publications, Kurukshetra.

# **APPLIED PSYCHOLOGY**

Theory: 65 Internal Assessment:10 Time: 3 hours

Note:-

- i. The question paper will comprise nine questions. First question will be of short answer type not exceeding 30 words consisting of eleven parts (1 mark each) to be set from the whole of the syllabus. This question would be compulsory.
- ii. Remaining eight questions (essay type) would be set unit-wise, two questions from each unit. The candidate has to attempt four questions, selecting at least one from each unit.
- iii. Each question carries 11 marks.

# Unit-I

Introduction: Meaning, Basic and applied research, Fields of applied psychology.

Educational Applications: Role of psychologists in school system: school psychologist, community psychologist, Educational psychologist: Measurement and evaluation: Assessing educational readiness, assessing educational achievement.

### Unit-II

Industrial Applications: Planning, selection, training, job satisfaction.

Careers and work: Choosing a career, Work-related attitudes, job interviews, conflict in work settings.

#### Unit-III

- Health Applications: Dealing with health related information, stress and illness, taking active steps to cope with stress, coping with medical care.
- Lifestyles and its consequences: Smoking, drinking, overeating, lack of exercise, behavior and AIDS.

#### **Unit-IV**

- Clinical Applications: Cognitive-Behavior therapy, Psychodynamic, Behavior, client-centered therapy.
- Legal Applications: Media and Perception about crime, eyewitness testimony, role of attorneys and judges, defendant characteristics.

#### References

- Anatasi, A. (1979) Fields of Applied Psychology (2<sup>nd</sup>) U.S.A.: McGraw Hill.
- Baron, R.A., Byrne, D. & Branseonube, N.R. (2007). Social Psychology (11<sup>th</sup> ed.) New Delhi: Prentice Hall.
- Baron, R.A., Byrne, D. & Johnson, B.T. (1998). Exploring social psychology (4<sup>th</sup> ed.) Boston: Allyn & Bacon.
- Goldstem, A.P. & Krasner, L.(1989). Modern Applied Psychology. New York: Pergamon Press.
- Weiten, W. and Iloyd, M.A. (2007). Psychology Applied to modern life (8<sup>th</sup> ed.) New Delhi: Thomson.

Paper-XXVI (a & b)

# PRACTICAL

M.Marks : 100 Time : 3 hrs.

# Paper-XXVI a

M.Marks: 75 Time : 3 hrs.

Each student would be required to conduct/administer and report six experiments/tests during the session. Each examinee will have to conduct/administer two experiments/tests during the examination.

- 1. Case Study
- 2. Any Projective test of Personality
- 3. Mental Health Assessment/MHJ
- 4. Job Satisfaction
- 5. General Health Questionnaire
- 6. Vocational Interest/Aptitude Test
- 7. Youth Problem Inventory
- 8. Self-Concept Scale
- 9. Emotional Maturity/Emotional Intelligence Scale
- 10. Stress Scale
- 11. Inventory
- 12. Achievement Motivation Test.

Evaluation: Evaluation would be based on report, performance & Viva.

# Paper-XXVI b

Profiling of five tests and five instruments

Evaluation would be based on report & Viva.

Examination of XXVI a & XXVI b would be held in a single session.

M.Marks: 25